

# Responsibility Agreement

A contract of self empowerment

- I agree that I am 100 % responsible for my well-being while in this program.
- I agree to be 100 % responsible for my participation in, and creation of, this program.
- I agree to take 100 % responsibility for my truth, my feelings and needs, and whatever issues arise for me during the program.
- I understand that I am completely responsible for my own life and actions, and initiate participation in this program with this fully in mind.
- I am willing to have learning and transformation happen in ways that are totally loving and kind to me and everyone else.